



ZONTA
CLUB OF
PARA DISTRICT
AREA INC
MEMBER OF ZONTA INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY



ZEAL

June 2019

Mission

Zonta International is a leading global service organisation of professionals empowering women worldwide through service and advocacy.

Vision

Zonta International envisions a world in which women's rights are recognised as human rights and every woman is able to achieve her full potential.

In such a world, women have access to all resources and are represented in decision making positions on an equal basis with men.

In such a world, no woman lives in fear of violence

Theme

Empowering Women Through Service and Advocacy



President's Report

Dear Friends,



In this, my first message as President I pay tribute to current and previous members for the outstanding work achieved. In my short time as a member I have been impressed by the commitment of all members and their willingness to strive to achieve above and beyond what could be expected of them. I have told the story previously that I visited a number of clubs and attended quite a few meetings before learning of the Para District Area club. I chose to join as I felt welcomed and comfortable with members and the work they were undertaking. I have even attended quilting workshops although not a quilter and I am still learning the language of fat quarters etc.

I feel quite challenged in this role for a number of reasons. Firstly, I am not as conversant with Zonta matters as others in our club. Secondly we have lost a number of long serving members since I joined and we now need to consider how we manage with fewer members and lastly because we celebrated our 40th year of service and advocacy last year and the work of those incredible people before me is something hard to follow.

Still I am here to make my contribution and I am looking forward to seeing what we can achieve in the next few years and I know that we are collaborative and supportive and that this will help us make a difference in our community.

Welcome back to Alexa and Liz who have been exploring the United Kingdom and China respectively. I leave shortly for Russia, Estonia, Latvia, Belarus, Poland and the Czech Republic.

Yours in Zonta Fellowship
Pam Fletcher



Quilting

Workshops



2019		Diary Dates
June	4	Dinner Meeting—6:15 for 6:30 PM; Ibis Styles Adelaide Manor
	6	Golden Grove Shopping Centre display and raffle sales
	8	Quilting Workshop—Parafield Gardens Helping Hand
	22	Birthing Kit Assembly Day
	24	Cinema Morning Red Joan at Regal , Kensington Road
	29	Combined Advocacy meeting . Hope's Café 1.30-3.30pm
July	9	Dinner Meeting—6:15 for 6:30 PM; Ibis Styles Adelaide Manor
	13	Quilting Workshop—Parafield Gardens Helping Hand
	24 & 25	e-safety presentations
	30	International Day Against Trafficking in Persons
August	6	Dinner Meeting—6:15 for 6:30 PM; Ibis Styles Adelaide Manor
	10	Quilting Workshop—Parafield Gardens Helping Hand
September	3	Dinner Meeting—6:15 for 6:30 PM; Ibis Styles Adelaide Manor
	6-8	Centennial Combined Districts (16, 22, 23, 24) Conference, Brisbane Convention and Exhibition Centre
	14	Quilting Workshop—Parafield Gardens Helping Hand
October	1	Dinner Meeting—6:15 for 6:30 PM; Ibis Styles Adelaide Manor
	11	International Day of the Girl Child
	12	Quilting Workshop—Parafield Gardens Helping Hand
	24	United Nations Day
November	5	Dinner Meeting—6:15 for 6:30 PM; Ibis Styles Adelaide Manor
	9	Quilting Workshop—Parafield Gardens Helping Hand
	9	Area 2 Centennial Celebration of ZI - Hotel Grand Chancellor
	25	International Day for the Elimination of Violence Against Women (also White Ribbon Day)
	25-Dec 10	16 Days of activism against Gender Based violence
December	10	Human Rights Day
		Club Centennial function in lieu of December Dinner Meeting — details to be confirmed
	14	Quilting Workshop—Parafield Gardens Helping Hand

All dates are for a Saturday, and the workshops run from 1.00 pm – 5.00 pm.

Please remember that our quilting workshops are a rare opportunity to spend time with fellow Zontians and friends of Zonta in a relaxed atmosphere – and the resulting quilts benefit those in our wider community with special needs.

Club News

Handover and Presentation Dinner, May 1st

This was a successful night with 24 Guests joining our members to celebrate the start of a new Zontian year. Our guest speaker Mimona Abdalla, the recipient of the Multicultural Youth SA Spirit of Resilience award in 2018, shared her story of migration to Australia and settling eventually in Adelaide. She entertained us with family stories and photos of her hometown in Sudan. Mimona is studying Health and Medical Science with the eventual aim of becoming a Doctor and returning to Sudan to improve the health conditions.



Mimona Abdalla

One aspect of Mimona's story which caused some concern was her recollection of two instances of racism whilst travelling on Adelaide buses. In each case she was subjected to abuse from fellow travelers who reacted to her clothing and skin colour. It is concerning that such incidents occur in our city. To her credit Mimona reacted to these by establishing a Young Women's group under the umbrella of the Multicultural Council. This group provides a forum for young women and supports them to share their stories and find pathways within the community.



Meredith Keage and Meaghan King

Wee Care quilts were presented to the 'Women's and Children's Paediatric Emergency Department and accepted by Sue Pilkington. New Beginnings quilts and toiletries were accepted by Meredith Keage on behalf of the Women's Safety Services SA.



Sue Pilkington



Some of the Quilts presented to Women's Safety Services and Women and Children's Hospital

A cheque to support Lyell Mc Ewin Health Services, Women's Division was accepted by Claire Bowden and Colleen Panario whilst Meaghan King received funding for YWCA Encore Programme and Raelene Watts and Carolyn Oors accepted funds for the Sharing with Compassion project . Each recipient provided guests with an overview of the work these quilts, toiletries and funds would support and thanked the club for their support.



Claire Bowden and Colleen Panario



Carolyn Oors and Raelene Watts

Edwards Area Director inducted our new Board Pam Fletcher, President, Carmen Will, Treasurer, Aileen Eldridge Secretary, and Lyn Furner-Smith, Director. Absent were Alexa Little Director and Liz Bice Director



Eronwy Edwards



Carmen Will, Lyn Furner-Smith, Aileen Eldridge and Pam Fletcher



Our outgoing President Aileen Eldridge was presented with the **2019 Premier's Certificate for Outstanding Volunteer Service** by Blair Boyer MP. This is due recognition for the incredible work Aileen has done for a number of organisations over many years.

This is an extract from her nomination

As a school teacher, Aileen was a role model and a strong advocate for the education of girls. During retirement, she has kept a strong community focus, maintaining and developing new links with 10 local high schools to ensure young women are recognised for community service. Her strong connections with these local schools have enabled our club to involve young women in annual awards, women's day breakfasts, quilting and birthing kit assembly days.

As a member of the Birthing Kit Foundation and local Combined Advocacy group, volunteer with Neighbourhood Watch and Secretary of the SA Branch of the Australian Christian Women's Group she has been an exemplary role model. Her active involvement in many areas and her continual focus on advancing women's causes has had remarkable and long-lasting benefits not only for her fellow Zontians but also the local community.

Encouraging women to run for office



This Photo by Unknown Author is licensed under CC BY-

Pacific Island Countries have some of the lowest levels of representation of women in parliaments and local governments in the world. 5.4% of parliamentarians are women compared to the global average of 21.8%.

UN Women is working across the Pacific to help women recognise and build on their strengths and skills, and to prepare them to become community leaders and candidates for elected office. Leadership training was provided to 45 potential women candidates in Vanuatu. The training covered how to engage in community consultation, campaign strategy, policy development and hands-on interview skills. Vanuatu's municipal elections were held in January 2014. Five women were elected – all of them graduates of UN Women's leadership training.

"This (UN Women leadership) training gave me the confidence I needed to continue with my campaign and now that I am in office, the leadership skills I need to manage the committees and progress issues I am involved in and care about."

—Newly elected

Councillor, Vanuatu

Radio Series in Solomon Islands

The absence of women in decision-making and leadership in the Pacific is largely a result of negative gender stereotypes, encouraged by socio-cultural norms and processes such as inherently biased justice structures and systems. In order to combat this, UN Women facilitated the production of a radio series to change local attitudes.

[*A Time to Stand*](#) tells a story based on the lives of many women considering or already standing for parliament, as part of a radio drama that promotes women in leadership roles – and women's active participation in the political process in the Solomon Islands.

The radio series, produced by Pasifika Communications in Fiji, is part of the European Union-supported Strongim Mere project under UN Women's Advancing Gender Justice program.

Read more about UN Women programs to [increase women's participation in leadership and decision making](#).



7 ways you can empower women and girls

You can make a big difference in the lives of daughters, sisters, and mothers around the world — and right in our own neighbourhoods.

1. Provide the ticket to education: clean water.

Did you know girls in poor communities often miss school because of a lack of clean water in their village? Instead of attending class, millions of girls and women around the world spend [200 million hours each day](#) fetching water that is often dirty and dangerous to their health. [Walk the average 6 kilometres they walk for water](#) on Saturday, May 4, 2019 to help provide [clean water](#) and open the door to education for a young girl.

2. Support girls and women in crisis.

Millions of girls are subjected to abuse, child labour, [trafficking](#), [child marriage](#), and other offenses. Your gift will go where it's needed most, [protecting girls and women](#) by equipping skilled, local staff to offer training, education, counseling, medical care, small business loans, and other programs that reach women and girls as well as boys — helping to end cycles of gender-based violence.

3. Mentor a girl close to home.

A growing [poverty rate](#), poor-performing schools, and teen violence make it tough to be a girl growing up in the United States. Reach out and influence the life of a young girl in your own community by volunteering as a tutor or mentor. Help every girl and woman feel valued.

4. Invest in a small business owner.

You can connect with hardworking female entrepreneurs who are waiting to realize their dream of building or expanding a successful business. A small loan is all they need. Even better, when the loan is paid off, your donated funds are recycled again and again to help more people and make a bigger impact.

5. Use your voice to end preventable deaths of mothers and children.

Although incredible progress has been made over the last several decades, we can't stop speaking up. Nearly [2.6 million newborns](#) around the world still die each year, about 1 million on their very first day of life; more than [300,000 women die annually](#) due to complications during pregnancy or childbirth; and more than [15,000 children](#) die every day, mostly from preventable and treatable causes such as pneumonia, diarrhea, and [malaria](#). Congress listens to the emails and calls from you. Tell them to support the [Reach Every Mother and Child Act](#) (S. 1911, HR. 3706) to help implement a more efficient, sustainable approach for saving the lives of moms and children.

6. Help a new mom.

The first weeks of a newborn's life are the most critical. You can help save young lives around the world by [giving a new mother the essential things](#) like a bassinet, cloth diapers, blankets, a container for clean water, and soap. Your gift also provides life-saving infant care training. Know a new mom near you who might be feeling overwhelmed?

7. Tell the women in your life that you care.

Empowering women starts right in our families, workplaces, and neighbourhoods. Write a note of thanks to that teacher who encouraged you years ago, pick up coffee for that new mom in your office who's struggling to balance it all, or tell your own sister, daughter, or mother how much you appreciate them.

Coming soon

Cinema morning **Monday June 24** **9.45am -12.15pm**

9:45 AM Morning tea incl raffle and trading table

10.30 Film starts

Regal Cinema, 257 Kensington Road, Kensington Park



is the story of an elderly widow placed under arrest by the British Secret Service for providing classified scientific information to the Soviet government for decades. Under interrogation she relives her student days at Cambridge where she excelled in physics while challenging deep-seated sexism..

Tickets \$15

alpe2rse@bigpond.net.au



Area2



Combined Advocacy Group

29th June 2019

1.30pm—3.30 pm

Hope's Cafe

at Clayton Wesley Uniting Church

280 Portrush Road, Beulah Park

RSVP Monday 24th June zontaclub.adelaideflinders@gmail.com

Car parking, if coming from the north, enter side of church from Portrush Road or if coming from the South, first turn to the left off Norwood Parade into Union Street

Zonta Club of Adelaide Flinders invites you to attend

A roundtable which will focus on the developing issues confronting vulnerable older women and their potential for homelessness.

Is there a strategic role for Zonta clubs in the support of these women?

Guest speakers include

Hon Michelle Lensink MLC

Nat Cook MP

Hon Vickie Chapman MP

Hon Tammy Franks MLC

The afternoon will open with a round table discussion with input from the MPs. Followed by a open discussion at which time the audience will be encouraged to engage in identifying thoughts and to contribute potential ideas about the subject.

Please encourage as many members and other interested women as possible to attend

A small gold coin donation would be welcome, afternoon tea will be available you are welcome to also bring along a plate of afternoon tea if you wish.

2019 Major Raffle Tickets only \$2 each Drawn 1 October 2019

8th Prize



9th Prize



1st Prize



10th Prize

1st Prize: Handmade Modern Patchwork Quilt (175cm X198cm) made by Alexa Little - Value \$400

2nd Prize: Tartan Crochet Rug (90cm X 120cm) made by Pam Fletcher - Value \$150

3rd Prize: One bottle Talisker Scotch Whisky from Aileen Eldridge - Value \$95

4th Prize: One bottle Remy Martin VSOP Cognac from Aileen Eldridge - Value \$80

5th Prize: Hair care products from Jayne of "Vanity Hair and Body", Walkley Heights - Value \$80

6th Prize: Resin & Wood Cheese Board by *Torking Resin* from Shaylee Torkington - Value \$70

7th Prize: Stratco Gift Card from Liz Bice - Value \$60

8th Prize: Handmade Patchwork Quilt (Cot-sized 103cm X 82cm) made by Mark Karp - Value \$50

9th Prize: "Scentsy" Electric Fragrant Wax Warmer from Fran Wharton - Value \$40

10th Prize: Striped Cotton Throw (150cm X 125cm) from Alexa Little - Value \$30

All prizes have been donated by members and friends of the club.

Help our fundraising cause!

Support us and treat yourself!



Discover the best of your city with Entertainment.

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\$70 Every sale contributes to our cause



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Up to 50% off Retail, Travel, Leisure and Accommodation

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Every sale contributes to our fundraiser, so purchase your Entertainment Membership today!

THANK YOU FOR YOUR SUPPORT

Zonta Club of Para District Area Inc.

Alexa Little

82503753

alexa@little.id.au

To order a Membership copy and past this link to your browser - <https://www.entertainmentbook.com.au/orderbooks/163j482>

OBJECTS OF ZONTA INTERNATIONAL

- To improve the legal, political, economic, educational, health and professional status of women at the global and local level through service and advocacy.
- To work for the advancement of understanding, goodwill and peace through a world fellowship of members.
- To promote justice and universal respect for human rights and fundamental freedoms.
- To be united internationally to foster high ethical standards, to implement service programs, and to provide mutual support and fellowship for members who serve their communities, their nations and the world.

ZONTA THANKS

Wherever your country of birth, whatever your faith or creed, give thanks for the meal we share tonight in Zonta fellowship. But remember too those who have had no food today; not with guilt that we have so much, but with hope that through Zonta service and advocacy, they too may come to share the same in peace and harmony.

Tricia Summerfield, Zonta Club of Perth

MEETING NIGHTS

South Australian Clubs

Adelaide 1st Wednesday

Adelaide Hills 4th Wednesday

Clare & District 3rd Tuesday

Gawler 2nd Wednesday

Mt Barker 3rd Tuesday

Riverland 1st Tuesday

Adelaide Flinders

Adelaide Torrens

Fleurieu Peninsula

Noarlunga S.Vales

Port Lincoln

Lower Eyre

3rd Wednesday

2nd Tuesday

4th Tuesday

4th Wednesday

4th Tuesday

3rd Tuesday

*Meetings held first Tuesday of each month
from February to December*

6.15 pm for 6.30 pm start at
Ibis Styles Adelaide Manor
cnr Main North Rd and Port Wakefield Rd,
Gepps Cross
Phone: (08) 8349 4999

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